


# FOREST HILLS SCHOOL DISTRICT



## Elementary Menu

August/September 2010

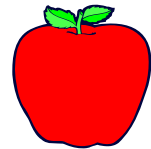
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p style="font-size: 1.2em;"><b>Access Menu on Line at foresthills.edu</b></p> <p style="font-size: 1.2em;"><b>Make Payments on Line at spsezpay.com</b></p>		<b>August 25</b> <u>Mozzarella Cheese Sticks, Sauce and Soft Pretzel</u> <u>Tony's Cheese Pizza</u>	<b>26</b> <u>Chicken Pot Pie</u> <u>Stuffed Crust Cheese Pizza</u>	<b>27</b> <u>Italian Spaghetti with Garlic Toast</u> <u>Cook's Choice Pizza</u>
		Choice of 4 - Vegetables and Fruits  Milk	Choice of 4 - Vegetables and Fruits  Milk	Choice of 4 - Vegetables and Fruits  Milk
<b>30</b> <u>Mini Corn Dogs</u> <u>Super Wedge Pizza</u>	<b>31</b> <u>Nacho Haystack with Taco Beef, Cheese Sauce and Salsa</u> <u>Tony's Cheese Pizza</u>	<b>1</b> <b>September</b> <u>Cincinnati Chili with Cheese and Oyster Crackers</u> <u>Sliced Cheese Pizza</u>	<b>2</b> <u>Chicken Fajita with Salsa</u> <u>Stuffed Crust Cheese Pizza</u> <hr style="border: 1px solid black;"/> <p style="text-align: center;"><b>Churro Dessert 25¢</b></p> <hr style="border: 1px solid black;"/>	<b>3</b> <b>Brunch for Lunch -</b> <u>Mini Pancakes, Sausage Patty and Syrup</u> <u>Cook's Choice Pizza</u>
Choice of 4 - Vegetables and Fruits  Milk	Choice of 4 - Vegetables and Fruits  Milk	Choice of 4 - Vegetables and Fruits  Milk	Choice of 4 - Vegetables and Fruits  Milk	Choice of 4 - Vegetables and Fruits  Milk

**Menu Subject to Change**

This institution is an equal opportunity provider.



### 2010/11 LUNCH AND ELEMENTARY A LA CARTE PRICES



Elementary Student Lunch	\$1.75
Secondary Student Lunch	\$2.00 and \$2.25, \$3.00, \$3.25
Adult Lunch	\$2.25 plus beverage

Assorted Sandwiches	\$1.50 - \$1.75
Assorted Salads	\$.60 - \$2.25
Fresh Fruit	\$.35
Fruit - Canned	\$.25
Baked Potatoes	\$1.00
Vegetables - Fresh and Cooked	\$.40 - \$.75
<b><u>Beverages</u></b>	
Juice, 100% (4 oz.)	\$.50
Milk, All Flavors (8 oz.)	\$.50
100% Fruit Drinks (8 oz.)	\$.60
Drinks (12 oz.)	\$.90
Water, plain	\$.50

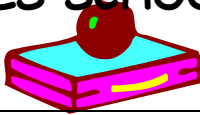
<b><u>Crackers</u></b> - Saltines, Graham, Oyster	\$.25
<b><u>Desserts</u></b>	
Cookies	\$.25 - \$.35
Fortune Cookie	\$.25
Fruit Snacks	\$.25 - \$.50
Granola Bars	\$.50 - \$.60
Ice Cream	\$.60
Mini Rice Krispie Treat	\$.25
<b><u>Snacks</u></b>	
Baked Chips, etc.	\$.50 - \$.60
Snack Crackers	\$.25 - \$.60
Sunflower Seeds	\$.50
String Cheese	\$.60

A La Carte Prices Subject to Change

**Going on a field trip? Let us pack a Lunch-to-go!**


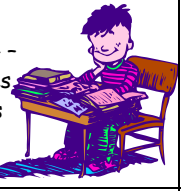


Order from your school Lunchroom Manager

# FOREST HILLS SCHOOL DISTRICT



## Elementary Menu

## September 2010

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6  <b>Labor Day</b>	7 <u>Chicken Patty on Whole Wheat Bun</u> <u>Cook's Choice Pizza</u>  Choice of 4 - Vegetables and Fruits  Milk	8 <u>Hot Sliced Turkey, with Gravy and Whole Wheat Dinner Roll</u> <u>Tony's Cheese Pizza</u>  Choice of 4 - Vegetables and Fruits  Milk	9 <u>Fun Tray - Yogurt, Sunflower Seeds and Soft Pretzel</u> <u>Sliced Cheese Pizza</u>  Choice of 4 - Vegetables and Fruits  Milk	10 <u>Fish on Bun</u> <u>Stuffed Crust Cheese Pizza</u>  Choice of 4 - Vegetables and Fruits  Milk
13 <u>Sloppy Jo on Bun</u> <u>Stuffed Crust Cheese Pizza</u>  Choice of 4 - Vegetables and Fruits  Milk	14 <u>Italian Casserole with Garlic Breadstick</u> <u>Tony's Cheese Pizza</u>  Choice of 4 - Vegetables and Fruits  Milk	15 <u>Soft Taco with Lettuce and Cheese</u> <u>Sliced Cheese Pizza</u>  Choice of 4 - Vegetables and Fruits  Milk	16 <u>Chicken Nuggets with BBQ Sauce and Dinner Roll</u> <u>Cook's Choice Pizza</u>  Choice of 4 - Vegetables and Fruits  Milk	17 <b>Brunch for Lunch -</b> <u>French Toast Sticks with Sausage Patty and Syrup</u> <u>Sliced Pepperoni and Cheese Pizza</u>  Choice of 4 - Vegetables and Fruits  Milk
20 <u>Cheeseburger</u> <u>Tony's Cheese Pizza</u>  Choice of 4 - Vegetables and Fruits  Milk	21 <u>Italian Meatball Hoagie</u> <u>Stuffed Crust Cheese Pizza</u>  Choice of 4 - Vegetables and Fruits  Milk	22 <u>Coney or Hot Dog on Bun</u> <u>Tony's Cheese Pizza</u>  Choice of 4 - Vegetables and Fruits  Milk	23 <u>Chicken O's with Biscuit</u> <u>Sliced Cheese Pizza</u>  Choice of 4 - Vegetables and Fruits  Milk	24 <u>Grilled Cheese Sandwich on Whole Wheat Bread</u> <u>Tony's Cheese Pizza</u>  Choice of 4 - Vegetables and Fruits  Milk
27 <u>Mini Corn Dogs</u> <u>Stuffed Crust Cheese Pizza</u>  Choice of 4 - Vegetables and Fruits  Milk	28 <u>Italian Spaghetti with Garlic Toast</u> <u>Tony's Cheese Pizza</u>  Choice of 4 - Vegetables and Fruits  Milk	29 <u>Chicken Nuggets with BBQ Sauce and Breadstick</u> <u>Sliced Cheese Pizza</u>  Choice of 4 - Vegetables and Fruits  Milk	30 <u>BBQ Pulled Pork on Bun</u> <u>Tony's Cheese Pizza</u>  Choice of 4 - Vegetables and Fruits  Milk	<b>October</b> 1 <b>Brunch for Lunch -</b> <u>Mini Pancakes with Sausage Patty and Syrup</u> <u>Sliced Cheese Pizza</u>  Choice of 4 - Vegetables and Fruits  Milk

**Menu Subject to Change**

1.75 Student Lunch Includes:

- One Underlined Entrée
- Four Side Dishes
- Milk (8 oz.)

\$2.25 Adult Lunch Includes:

- One Underlined Entrée
- Three Side Dishes

Milk A La Carte \$.50 (8 oz.)

**FOOD SERVICE SUB EMPLOYEES NEEDED**  
**(May Lead to Permanent Part-Time Positions)**  
**Apply at the Administration Building**

Entrées Available Every Day:

- Entrée Salad with Crackers
- Peanut Butter & Jelly Sandwich
- Assorted Sandwiches

Available Every Day:

Selection of Vegetables & Fruits

**All Menu Items are Baked**

This institution is an equal opportunity provider.