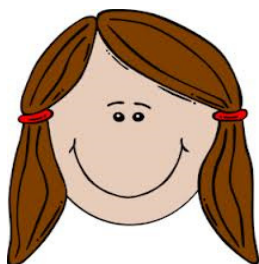


Enriching Kidz

ONLINE LIVE CLASSES

Empowering Girls With Confidence

For Girls
ages 9-12



COST: \$90

The interactive, multi-media workshop goes in-depth on issues like goals, social boundaries, and self-image.

Girls will learn about:

- Using their existing strengths
- Self-confidence and tools to boost self-esteem
- Setting short-term and long-term goals
- Body image and the media
- Finding positive role models
- Building healthy friendships
- Setting healthy boundaries
- Maintaining physical and emotional health
- Communication skill
- Gaining strength in celebrating who they are

Available Dates & Times:

Sessions are 1 day a week for 4 weeks

Wednesdays 4/14 - 5/5 4:30 - 6:00 pm

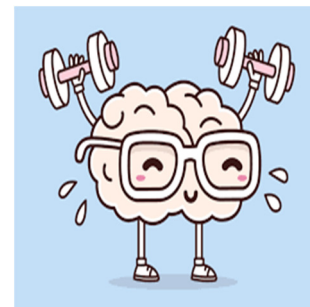
New class dates are being added weekly.
For ALL available classes, dates, and times, go to

<https://www.enrichingkidz.com>

Students must attend all dates in the session chosen to complete the course.

Kidz Life Skillz: Brain Teasers, Puzzles and Planning

For Boys & Girls
in 3rd - 6th grades



COST: \$50

Students will enjoy a fun & interactive class using hilarious & funny games and activities that stress

- Problem Solving Skills
- Critical Thinking Situations
- Brain Teaser Challenges
- Learn the Decision Making process
- Party Planning

Available Dates & Times:

Sessions are 1 day a week for 2 weeks

Tuesdays 4/13 & 4/20 4:30 - 5:30 PM
Thursdays 4/15 & 4/22 4:30 - 5:30 pm

New class dates are being added weekly.

For ALL available classes, dates, and times, go to
<https://www.enrichingkidz.com>

Students must attend all dates in the session chosen to complete the course.

"The material contained in this communication, and the activities and organizations which it describes, are not endorsed or promoted by Forest Hills School District."

TO REGISTER:

Go to <https://www.enrichingkidz.com>, click on register for a class, select the class, and then scroll down to the dates and times.

To register by phone, or if you have questions regarding course curriculum, call Amy Marks at 513-336-9993.