

Parent Resource Coordinator and BRIDGES Parent Representatives

Who are we? How are we alike? How are we different? How can we help you?

What is a Parent Resource Coordinator?

The Parent Resource Coordinator is a person employed by FHSD who provides support and information for parents that have a child with special needs and to the district so they can work collaboratively as a team to help each child be successful.

- Educate families and schools about the Special Education Process.
- Inform parents of their legal rights and answer questions about special education.
- Support parents and school personnel through the process.

Who is the Parent Resource Coordinator?

- I also have a child with a disability.
- I understand questions and concerns many parents have.
- I am a good listener and will help to problem solve different situations.

I can help in a variety of ways...

- I guide parents through the Special Education process
- I can help access services for families in and around our community.
- I will attend IEP, ETR or other meetings per parent or school request.
- I will keep you informed on the latest information through newsletters, workshops, speakers and the FHSD website.
- I will provide a lending library of resources consisting of books, videos, magazines, websites, etc. on various disabilities.
- I will be a listening ear if you just need to talk.
- I will help you problem solve as issues come up with your child
- I can gather information and resources for you about a specific disability and refer you to other source of support.
- I will keep you up to date on services, agencies, support groups and other events in the area.

What is a BRIDGES?

**Building
Relationships
Information and
Developing
Gateways for
Educational
Support**

BRIDGES is a support group in the Forest Hills School District that will provide informal and emotional support for families of children who currently have and IEP(Individual Education Program), a 504 plan, have children who are struggling in school, or for families seeking additional support.

What is a BRIDGES Parent Representative?

A BRIDGES Parent Representative is a parent that has a child with special needs FHSD who volunteers their time to help other parents.

- Links parents to resources
- Supports parents by lending a listening ear and leading parents to other sources of support.

Who is my school's BRIDGES Parent Representative?

- I also have a child with a disability in the same school as your child.
- I am familiar with the building in which our children attend.

I can help in a variety of ways...

- I will provide a positive, confidential climate for parents to feel comfortable talking with me.
- I will provide emotional "parent to parent" support when needed.
- I will connect parents to information and resources to support their child.
- I attend BRIDGES Planning Committee meeting and help the Parent Resource Coordinator to plan our BRIDGES Parent Trainings.