

## Section 1: General Information

School(s) included in the assessment: All Schools

Month and year of current assessment: June 7, 2022

Date of last wellness policy revision: April 26, 2021

Website address for the wellness policy and/or information on how the public can access a copy:  
Forest Hills School District

## Section 2. Compliance with the Wellness Policy and Progress Towards Goals

At a minimum, school wellness policies are required to include:

- Specific goals for:
  - Nutrition promotion
  - Nutrition education
  - Physical activity
  - Other school based activities that promote student wellness.
- Standards and nutrition guidelines for all foods and beverages *sold* to students on the school campus during the school day that are consistent with federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- Standards for all foods and beverages provided, *but not sold*, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- Description of evaluation plan.

Using the tables below, indicate the language that is currently written in the school wellness policy in relation to each topic area. Next, assess and discuss whether the school is meeting the goal, partially meeting the goal, or not meeting the goal. Finally, indicate the progress made for each goal and next steps that have been identified.

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
<b>Wellness Coordinator:</b> Has identified at least one person as responsible for facilitating the wellness policy upkeep  Name person responsible for facilitating the upkeep: John Eckert	<b>X</b>	<input type="checkbox"/>	<input type="checkbox"/>
Describe progress and next steps: Meet annually.			

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
<b>Stakeholder Participation:</b> Allow parents, students, representatives of the school food authority, teachers of physical education, school health professionals, the school board, school administrators, and the general public to participate in the development, implementation, evaluation and update of the wellness policy	<b>X</b>	<input type="checkbox"/>	<input type="checkbox"/>
Describe progress and next steps: Meet annually. Encourage more participants to join.			

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
<b>USDA Requirements for School Meals:</b> Has assured school meals meet the USDA requirements	<b>X</b>	<input type="checkbox"/>	<input type="checkbox"/>
Describe progress and next steps:			

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
<b>Nutritional Guidelines for all foods and beverages sold:</b> Has set nutritional guidelines for foods and beverages sold on the school campus during the school day	<b>X</b>	<input type="checkbox"/>	<input type="checkbox"/>
Describe progress and next steps:			

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
<b>Nutritional Guidelines for non-sold foods and beverages:</b> Has set nutritional guidelines for foods and beverages not sold but made available on the school campus during the school day	<input type="checkbox"/>	<b>X</b>	<input type="checkbox"/>
Describe progress and next steps: Need to strengthen guidelines and provide further guidance for all schools.			

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
<b>Food &amp; Beverage Marketing:</b> Allow marketing on the school campus during the school day of only those foods and beverages that meet the competitive food/beverage requirements (Smart Snacks)	<b>X</b>	<input type="checkbox"/>	<input type="checkbox"/>
Describe progress and next steps:			

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
<b>Nutrition Education:</b> Has at least 2 goals for nutrition education List goals: 1. Increase Locally Grown Foods 2. Allergy awareness	<b>X</b>	<input type="checkbox"/>	<input type="checkbox"/>
Describe progress and next steps:			

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
<b>Nutrition Promotion:</b> Has at least 2 goals for nutrition promotion List goals: 1. Competitive Food Guidelines 2. Variety of Food Items	<b>X</b>	<input type="checkbox"/>	<input type="checkbox"/>
Describe progress and next steps:			

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
<b>Physical Activity:</b> Has at least 2 goals for physical activity List goals: 1. PE classes 2.5 k	<b>X</b>	<input type="checkbox"/>	<input type="checkbox"/>
Describe progress and next steps:			

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
<p><b>Other Activities:</b> Has at least 2 goals for Other School-Based Activities that promote student wellness</p> <p>List goals:</p> <p>1.Mental Health Wellness</p> <p>2.Running Clubs and 5 k</p>	<b>X</b>	<input type="checkbox"/>	<input type="checkbox"/>
Describe progress and next steps:			

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
<p><b>Evaluation:</b> Every three years LEA has evaluated the wellness policy with an evaluation tool and has notified the public of the results. The assessment will determine:</p> <ul style="list-style-type: none"> <li>• to what extent the LEA is in compliance with the school wellness policy</li> <li>• the extent to which the local wellness policy compares to model school wellness policies</li> <li>• the progress made in attaining the goals of the school wellness policy</li> </ul> <p>Name person responsible for monitoring the policy: Tia Straus</p>	<b>X</b>	<input type="checkbox"/>	<input type="checkbox"/>
Describe progress and next steps: Policy committee will meet every 3 years to assess and update 8510 Wellness Policy.			

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
<b>Communication:</b> Annually inform and update parents, students, staff, and the community about the content and implementation of the wellness policy and provide a way for additional stakeholders to be able to participate	<b>X</b>	<input type="checkbox"/>	<input type="checkbox"/>
Describe progress and next steps: Presented to the Board on June 22,2022.			

Include any additional notes, if necessary:

**Section 3. Comparison to Model School Wellness Policies**

Indicate model policy language used for comparison. Model policies may be found [here](#).

Alliance for a Healthier Generation: Model Policy

Other (please specify): Other School District Policies