



PHYSICAL EDUCATION WAIVER

Once a high school student has met the "Successful Completion of a Season" expectations **TWO TIMES** in some combination of interscholastic athletics, marching band, and/or cheerleading, this form should be completed and returned to the student's school counseling department to request an exemption from the high school physical education graduation requirement.

See additional information below.

NOTE: Students do not receive Physical Education credit when they turn in the P.E. Exemption Form. They are simply being exempted from the graduation requirement of the credit.

Student Last Name *Student First Name* *Student ID #*

SEASON ONE

School Year Participation *Grade* *Sport/Activity*

SEASON TWO

School Year Participation *Grade* *Sport/Activity*

SIGNATURE

In making this request for exemption from physical education as a graduation requirement, I understand all expectations related to the "two full season" requirement.

Student Signature *Date*

Parent Signature *Date*

Parent Printed Name *Date*

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ADDITIONAL INFORMATION BELOW

PHYSICAL EDUCATION GRADUATION REQUIREMENT

In the State of Ohio, students are required to complete one-half unit of physical education for graduation. One-half unit requires a minimum of 120 hours of course instruction. In Forest Hills School District, this graduation requirement is met by student completion of two semester courses, each worth a quarter credit.

EXEMPTION TO THE PHYSICAL EDUCATION GRADUATION REQUIREMENT (based upon Section 3313.603 of the Ohio Revised Code, Letter L)

Students in Forest Hills School District who are in grades 9-12 and who successfully complete two full seasons of interscholastic athletics, marching band, or cheerleading may be excused from the high school physical education graduation requirement. The “two full season” requirement may be completed within a single school year. According to Ohio Revised Code, Boards of Education may NOT provide for partial completion of the high school physical education requirement. Therefore, the one-half unit requirement cannot be partially exempted. For example, it is not possible to combine one semester of a physical education course with successful completion of one athletic, marching band, or cheerleading season to meet the physical education graduation requirement.

IMPACT ON OVERALL GRADUATION REQUIREMENTS

Those students excused from the high school physical education graduation requirement are required to complete one-half unit, consisting of at least 60 hours of instruction, in another course of study, as determined by the student. Those students excused from the high school physical education graduation requirement are still required to meet all other graduation requirements established by Forest Hills School District.

SUCCESSFUL COMPLETION OF A SEASON

Successful completion of a season, in the case of interscholastic athletics, means that a student is both a member of the team or group and is eligible for end of season awards/recognition.

Formal starting dates for interscholastic athletics are determined by the OHSAA. Starting dates for marching band and cheerleading will be determined by the respective advisors; the starting date may be inclusive of mandatory camps.

RECOGNIZED ACTIVITIES

In addition to cheerleading and marching band, interscholastic athletic teams currently recognized by the Ohio High School Athletic Association in Forest Hills Schools include:

- Baseball
- Basketball
- Bowling
- Cheerleading
- Cross Country
- Dance
- Diving
- Football
- Golf
- Gymnastics
- Lacrosse
- Soccer
- Softball
- Swimming
- Tennis
- Track
- Volleyball
- Wrestling

PROCESS FOR EXEMPTION FOR INTERSCHOLASTIC ATHLETICS, MARCHING BAND, AND CHEERLEADING

1. At the end of each season, the athletic and music (marching band) department will provide the counseling department with a list of students who have completed the requirement necessary for students to qualify for the Physical Education Graduation Requirement Exemption.
2. That list will be kept and updated each season and school year in the counseling department.
3. Once a student has completed **BOTH SEASONS NECESSARY TO BE EXEMPT FROM PHYSICAL EDUCATION**, the student will then turn in a Physical Education Waiver.
4. The Physical Education Waiver will list the two sports/band/cheerleading seasons completed, the year(s)/season(s) of participation, and the form will be turned into the counseling department.
5. The Physical Education Waiver will then be cross-checked by the athletic/band departments each season.
6. It is the responsibility of the student to turn in the form to the counseling department. **THIS WILL NOT BE DONE AUTOMATICALLY FOR THE STUDENT.**

NOTE: Please be aware that this exemption may not transfer should a student transfer to a different school district with different policies.

NOTE: Students do not receive Physical Education credit when they turn in the P.E. Waiver. They are simply being exempted from the graduation requirement of the credit.