

Building
Relationships
Information and
Developing
Gateways for
Educational
Support

Free Parent Training
Parents and Professionals Welcome!

BRIDGES Parent Support Group
Presents



Recognizing Signs of Depression and What to Do About It

February 27th, 2019

It's sometimes difficult for parents and caregivers to recognize signs of depression. Irritability may be viewed as a bad attitude. Lack of interest may make it seem like your child simply isn't giving their best effort. Know what to look for and how to respond is key to providing the support your child may need. Please join the BRIDGES Parent Support Group as we welcome Child Focus Therapists Rebecca Zingarelli and Alison Price as they explain how to:

❖ **Identify Symptoms of Depression**

❖ **How to Respond to Children who display Symptoms**

❖ **How to Know When to Ask for Outside Help**

At: Nagel Middle School Learning Commons
1500 Nagel Rd
Cincinnati OH 45255

6:30-8:30 pm

Emailing questions ahead of time will ensure they are addressed.
Reservations appreciated: Alycia Champion, Parent Resource Coordinator
alyciachampion@foresthills.edu or 231-3600 x2946

