



***Interested in trying lacrosse?***  
**Join us for free Open Field practices this Fall!**

**Who:** Girls in grades K-8

<b>When:</b>	October 25 10-11:30am	November 8 5:30-7pm
<b>Where:</b>	Anderson High School turf	Turpin High School Turf

**What to bring:** Lacrosse stick,\* goggles,\* mouthguard, water bottle.

\*If you do not have a stick or goggles, we will have some extra to share. If you have extra sticks, please bring them to share as we have had a lot of interest this year!

If you think you may be interested in playing with the Middies or at Nagel, you welcome to try out lacrosse with us!

Registration for the spring Middies lacrosse season (K/1<sup>st</sup>/2<sup>nd</sup>, 3<sup>rd</sup>/4<sup>th</sup> and 5<sup>th</sup>/6<sup>th</sup> grades) will open in early November.

\*The material contained in this communication, and the activities and organizations which it describes, are not endorsed or promoted by Forest Hills School District\*