

DISCOVER THE DIFFERENCE

- Enhance Performance
- Build confidence & self esteem
- Training backed by sports science
- Have fun!



You pick the goal, we help you get there!



Scholastic Training

- Rookie 7-11
- Devo 12-14
- Prep 15-18
- Team training and sport/position specific training

Call (513) 676-1966 or email d1andersontownship@d1training.com

Save 20% on weekly memberships!
Opening at the end of November in the Crossings of Anderson shopping center.

