

Nagel Cheerleading Tryouts

Football 2025



Monday May 19th & Tuesday May 20th

NAGEL CHEER CLINIC

3:30pm-5:30pm

NAGEL GYM

Rising 7th grade begin at 4:00pm -5:30pm

Thursday May 22nd

NAGEL CHEER TRYOUTS

4:00pm-7:00pm

NAGEL GYM

THOSE TRYING OUT SHOULD STAY THE ENTIRE TIME!

All you need to do is...

Have a physical form filled out by the doctor

Sports Physical required for tryouts-

This can be done at a Little Clinic or through your primary care doctor

The physical **MUST** be completed by the date of tryouts or you will not be allowed to tryout

[2025-26 Sports Physical](#)

****Cheerleaders will need to come dressed appropriately and will be taught a cheer, dance, chant, and jumps which they will be evaluated on.**

The students will be informed about the coaches' decisions BY EMAIL.

Other information

Approximate costs

Shoes	\$60
Briefs	\$15
Pay to Play	\$125
Bows	\$20
Miscellaneous	\$30

Questions - Email Ms. Heimbrock at debbieheimbrock@foresthills.edu