

<u>May 3. 2024</u>

Walk for Strength

Turpin's Sources of Strength peer leaders planned and hosted a Walk for Strength today during an extended Flex period. Students rotated between multiple stations, including Kona Ice, therapy dogs, walking, and small group discussions around academic and wellness resources students can access at Turpin and in the community. <u>Resource posters</u> have been posted around the building to remind students of available avenues of support. These activities were part of the Sources of Strength "Connect" campaign, which aims to help students identify and connect with resources when needed. The overall purpose of Sources of Strength is to build students' strengths in all 8 areas of the <u>Sources Wheel</u>.

Will Your Student be Taking the SAT?

The SAT test is now fully online at all testing sites. In order to guarantee that your student(s) can take the test without any technical issues, it is imperative that they submit a tech ticket to our tech department. Submitting the tech ticket will help us verify that the computer meets the necessary technical requirements for the SAT test. Students can submit a ticket by emailing their request to technelp@foresthills.edu.

AP Testing

The College Board assigns test dates and start times the first two weeks of May (<u>AP Testing</u> <u>Schedule</u>). Teachers have been working with students to prepare them for the exam and have reviewed test day activities (schedules, lunch, calculator requirements, etc.). May is a busy time of year and for your planning purposes please be aware that any afternoon test (tests that begin at 12pm) will likely finish between 3:30-4:00 pm. Students are not permitted to leave the testing environment until all students are dismissed. If you see any potential scheduling issues please contact Nathan Dumford (<u>nathandumford@foresthills.edu</u>).

Turpin HS Friend of Children Award

We want to hear from you about a tutor, PTO volunteer, teacher, school staff member, administrator, coach, parent, etc. that has gone ABOVE & BEYOND to provide our students with exceptional support, or an extraordinary experience! Please take a moment to complete the nomination form by May 10th. Go to THS Friend of Children 2024.

Senior Parents

As the end of the year approaches, please be sure to keep up with all of the important events and information in our <u>Senior Scoop</u>. It's your one-stop shop to answer any questions you may have about graduation and the end of Senior year.

Senior Yard Signs

If you have not had a chance to get your FREE senior sign yet, there is another chance to pick it up. Signs are on the front porch at the Heis home at 8006 Meadowcreek drive 45244. Take 1 sign and 2 stakes and cross your name off the list. Any problems picking up please text Aimee Heis at 513-673-6217 Congrats to the class of 2024!!

Senior Sunset May 23

The Senior Sunset Dinner will be held on Thursday May 23rd from 7-9pm on the football field at Turpin High School. This is a wonderful night for our seniors where they get to open the time capsules they created in 8th grade and enjoy food, fun, fellowship and games in one of the last times they will all be together.

However, this event can only happen with the support of our senior parents. Please take a look at the signup link below and consider helping out at the event or by donating food, gift cards, or lawn games for the event.

Senior Breakfast May 24

Senior parents, we need your help to provide breakfast for the 2024 SENIORS! Breakfast will be in the Turpin Gym from 8:15-9:15AM on Friday, May 24th. The seniors will watch their senior class video and then have one last graduation rehearsal at Turpin at 9:30AM. We are asking for donations and volunteers to help with this event. Please sign up here.

Turpin's Annual Vintage Spiritwear Sale

Time to clean out those closets and drawers and donate your gently used Turpin Spirit wear to our annual sale that will be held on June 4 and 5th 10-1pm in the athletic lobby at Turpin.

We are now accepting donations. You can leave your items in the bin that is located outside the Athletic Office. We will also have some drop off dates in May tbd. Or you can contact us, THSSpiritshop@gmail.com to arrange a time to pick up your items. Thank you for supporting Turpin Athletics.

FHSD Mental Health Awareness Month "Go Green" Spirit Day | May 9

In recognition of May being Mental Health Awareness Month, and in anticipation of the wonderful FH5K on Saturday, May 11 that benefits wellness programs in FHSD, please join us in the final district-wide spirit day of the school year by **wearing green on Thursday, May 9**!

Mental Health Awareness Spotlight: FHSD Resource List

This <u>helpful document</u> is compiled by the incredibly dedicated and caring school counseling staff members across FHSD. The resource list touches a wide-variety of topics like substance use, psychiatric challenges, suicide prevention and assistance, and so much more. It offers an easy-to-read document where families can see some of the external resources that may be available to them.

This document is linked in all weekly email newsletters alongside crucial emergency contact information for individuals in crisis. We want to be sure this information is shared widely and regularly so it is easy to find at all times. *Please remember that the 988 Suicide and Crisis Lifeline is available 24/7 by call or text for anyone who may be in need of support.*

New Feature to Transfer Lunch Funds Between Students

Did you know that families who utilize PaySchools Central to pay lunch balances online are now able to transfer funds between students in their household? Please <u>click here to view a helpful</u> <u>tip sheet</u> created by PaySchools Central, and you can always find more information about

PaySchools Central and other online payment options by visiting: <u>www.foresthills.edu/how-do-i/pay-fees-and-lunch/</u>

Forest Hills 5K

Join us for the 15th FH5K on Saturday, May 11 as we "Celebrate Every Victory." CLICK HERE to Donate and Join the TURPIN SPARTANS' Team

Interested in serving as a Race Ambassador? Contact Turpin student Kerry Fleming so you can get signed up today. Thanks to all of our 2024 Race Ambassadors – <u>check them out!</u>

Can't attend – you can still support the FH students with a donation.

Be sure you register under your student's school team OR create your own fundraising page. Help us reach our goal of \$125,000 to support student wellness!

FREE Generative AI "goIT" Summer Camp | June 4-6

Tata Consultancy Services Ltd. (TCS) is accepting applications for its goIT Generative AI Summer Camp at their Milford location! The camp is open to students 13 years or older and will introduce them to a variety of STEM fields, computer science and related technologies. Check out an <u>informational flyer here</u> and <u>register here</u>. Last year, Forest Hills had 11 students attend the goIT Summer Camp, including one student who was on the winning team for the innovative design competition!

Community Events

You can also visit our <u>flyers webpage here</u> that has updates on other fun events and activities, including the following items:

- Light the Tower Spaghetti Dinner | May 4 from 4-7 p.m. | Informational Flyer
- Xavier Leadership Center Summer Reading Skills Programs for Grades K-10 |
 Informational Flyer
- Turpin High School Athletic Camps Summer 2024 | Various Grades (Registration Link)
- Anderson Athletic Boosters Summer Camps 2024 | Various Grades (<u>Flyer</u> <u>Registration</u> Link)
- Northern Kentucky University Summer Camps for Grades 6-12 | Informational Flyer

Important Links

 Turpin Counselor Connection Newsletter

 Senior Scoop

 Turpin Athletics

 Turpin Theatre

 Turpin Orchestra Booster Association

 Forest Hills Bands

 Turpin PTO

 Turpin Athletic Boosters Membership & Sports Passes

 Turpin Spirit Shop hours & online store

EMERGENCY AND SUPPORT RESOURCES

• If you, your student, or anyone else you know is in a life-threatening health crisis or emergency, call 911.

- If you, your student, or anyone else you know is in emotional distress or experiencing suicidal crisis, call or text 988, available 24/7.
- If you have concerns about threats to student safety, we urge you to call or text the Safer Ohio School Tip Line at 844-SaferOH. This line is staffed 24/7.
- If your student is experiencing a non-life threatening mental health crisis and you need direction on next steps to stay safe, we urge you to call the Psychiatric Intake Response Center (PIRC) at Cincinnati Children's Hospital. The PIRC line is 513.636.4124. This line is staffed 24 hours a day, 7 days a week.
- If you are seeking additional resources, we encourage you to start at the links below:
 - <u>MindPeace</u>
 - FHSD Family Resource List 23-24

6 may, mon	 8am - 12pm 12 - 4pm 7 - 9pm 	Government - AP Test Chemistry - AP Test Junior Academic Awards and National Honor Society Induction
7 мау, тие	 8am - 12pm 12 - 4pm 7 - 8pm 	Human Geography - AP Test Statistics - AP Test Turpin Orchestra Booster Meeting Turpin Orchestra Room
8 MAY, WED	 8am - 12pm 12 - 4pm 	English Literature and Composition - AP Test Computer Science A - AP Test
9 мау, тни	 8am - 12pm 12 - 4pm 	Chinese Language and Culture - AP Test Psychology - AP Test
10 маy, fri	 8am - 12pm 8am - 12pm 12 - 4pm 4 - 4:30pm 	European History - AP Test United States History - AP Test Macroeconomics - AP Test AP Art Digital Portfolio Due Date

UPCOMING EVENTS