March 22, 2024

Wildcat Families,

We are so appreciative of our Wilson PTO and families for making Teacher Appreciation Week so incredibly special for all of us. A special thank you to Mrs. McConaughy and Mrs. Wehmann for planning such a fun week of surprises for us! We certainly felt the love!

We are very excited for our SPARKS Day today! We know this will be a fantastic event and we are thrilled that all K-6 students are able to participate in our assemblies with Dr. Jen Mott! A huge thank you to all of our SPARKS day speakers and to Mrs. Bode, Mrs. McGough and Mrs. Paquette for planning this incredible day for our students. Whether it's learning from tree climbers with the USDA, understanding entrepreneurship, or what it means to be a flavor scientist, we hope your 4th through 6th graders will come home inspired to pursue their passions!

Next week is Healthy Habits Week for ALL elementary students across the district! You will notice that Tuesday is "Try Something New Tuesday" in which students can mix and match what they wear to school. We do have spring pictures on Tuesday as well, so this could make for some interesting spring picture clothing attire! If you were hoping for that special spring picture but your Wildcat wants to "mix and match," feel free to send in a change of clothes. The picture schedule is later in this update.

Next Friday, we will conduct our final required ALICE drill of the year at 9:30 am. More specific information on the drill is below.

We hope you have a great weekend!

Take care, Erin and Brian

Building Information

Morning Arrival Concerns

Keeping our Wildcats safe is our number one priority at Wilson and we need your help. We have our arrival procedures in place each morning and it is important that those procedures are followed. We have noticed that many families are letting students out of cars prior to 9:00am when staff are not yet on duty. Students should not be exiting cars until instructed by a staff member.

Boys and Mothers/VIP Minute to Win it Party is THIS SUNDAY 3:00-5:30!

Get your tickets today in Membership Toolkit. Join us for Minute to Win it Games, Dancing, Snacks, Bingo, and fun! Tickets cost \$20 per family. Come dressed in your athleisure wear ready to have fun with your Wildcat! Tickets on sale now:

https://www.wilson-pto.org/pto_store

Questions: contact kristy.metzner@gmail.com

****** We need volunteers! Dads and girl mamas please consider signing up to help with snacks! Sign up here!

https://shorturl.at/gmzN9

Spring Pictures

Spring pictures are scheduled for next Tuesday, March 26. Students will take a class composite picture as well as individual pictures. Here is the schedule for the day:

9:25 AM	Henning	11:38 AM	Niemiller	
9:35 AM	M. Hicks	11:46 AM	Taylor	
9:45 AM	Sharrer	11:54 AM		
9:50 AM	Sunderhaus	12:02 PM	Lagemann	
10:00 AM	Rose	12:10 PM	Proffitt	
10:10 AM	Chaney	12:18 PM	Fulmer	
10:18 AM	Habermehl	12:26 PM	Zimmerman	
10:26 AM	Huxtable	12:34 PM		
10:34 AM	Yeatts	12:42 PM	Adkins	
10:42 AM	Hezlep	12:50 PM	Davis	
10:50 AM	Hyden	12:58 PM	Stuart	
10:58 AM	Lynch	1:06 PM	Walker	
11:06 AM	Roades	1:14 PM	Gately	
11:14 AM	Anness	1:22 PM	Hopkins	
11:22 AM	Atkinson	1:30 PM	Ciampone	
11:30 AM	Bellar	1:38 PM	Renard	

ALICE Drill

We will be having an ALICE (Alert, Lockdown, Inform, Counter, Evacuate) drill on Friday, March 29 at 9:30 pm. Teachers will review ALICE information with students prior to our drill.

It is important we prepare our students and staff with proactive strategies to use in the event an unsafe situation would ever arise at school. Just as we practice for fires, we will practice and walk through what to do if ever there is an unsafe person on campus.

Teachers, staff and students will be given a specific scenario over the PA. Students will be given the opportunity to think creatively and strategically based on conversations that take place. Our goal is to empower our students and staff to make decisions.

Counselor's Corner

Healthy Habits Week March 25-29

The goal of Healthy Habits Week is to educate students on positive self-care tips. This holistic approach on wellness emphasizes how to keep your mind, body and feelings healthy. Our focus aligns with ASCA Mindsets and Behaviors. Each day we will learn and practice a self-care tip together. Read More below:

HHW Parent Communication 2024

Musical Monday	Try Something NEW Tuesday	Wellness Wednesday	Take Me Out(side) Thursday	Fitness Friday
-------------------	------------------------------	-----------------------	----------------------------------	-------------------

Wear something musical theme

Wear Mix and Match
Clothes
Clothes
Comfy

Wear your Reds
Gear

Wear your Reds
Clothes

As always, please reach out if there is anything I can do for your child or your family.

Smiles,

Jean Bode jeanbode@foresthills.edu

Wilson Spirit Wear!

PTO Spiritwear is now available.

• \$10 off an order through July 31st with code: 72516-1 (Note: this will only work once per email address)



Wilson Bricks

Go to the <u>Wilson PTO Store and Information Forms</u>. Once you go here, hover over "Fundraising", which is located at the top of the page. A menu box will drop down and you can click on "Buy a Wilson Brick."

Yearbooks on Sale!

Get your commemorative 2023-2024 yearbook and enjoy memories from this school year. **Deadline to order is April 21st!** Please review the information in the flyer below for more information.

Yearbook Flyer

iLab Book Helper Volunteers

Your help is <u>greatly appreciated</u> since we check-in, check-out and reshelve books along with doing STEM activities in the Innovation Lab. Please sign up for your preferred day and time: https://www.signupgenius.com/go/10C0B49A5AB2EAB9-46412089-in-novation

If you have not volunteered in the learning commons in previous years or completed training, please contact Sara to set up a brief training at the beginning of your volunteer session. Please don't hesitate to reach out with any questions to Sara at 513-313-3928 or saraostermeier@hotmail.com

Lunch Helpers

We always appreciate our families volunteering whenever your work schedule allows. Below are all of the lunch helper sign ups for the remainder of the year:

• March: <u>March Lunch Volunteers</u>

• April: April Lunch Volunteers

• May: May Lunch Volunteers

Restaurant Nights

Take a night off cooking or grab a quick family meal at one of our upcoming Restaurant Fundraisers. You'll support a local restaurant AND the Wilson PTO! Don't forget to mention WILSON!

Wednesday, April 17 | Arthur's on Beechmont @ All Day Tuesday, April 23 | NVT Pizza & Brew @ 4-10pm

Enrichment Programs

Chess Club | Does your student enjoy chess? Join the final session of Chess Club on Thursdays starting March 28. Click HERE to register. Cool Critters | Does your student love animals? Join the new session of Cool Critters on Mondays starting April 15th. Click HERE for more information and to register.

District Information

District Wellness Spirit Day -

Thursday, March 28 - Reds Day, Opening Day!! Wear RED!!!

REMINDER: No School on April 8 for Solar Eclipse

All families should have received an email from Superintendent Hook on March 17 informing you of the district's decision to close school on April 8 in response to safety and staffing concerns related to the upcoming solar eclipse. With many other schools in the area deciding to close, it creates a ripple effect that contributed to this decision. You can find additional information on the FHSD website here.

Immunization Requirements Reminder for 6th to 7th Grade Transition

Attention parents of rising 7th Graders for the 2024 -2025 school year: Students are required to have documentation on file in the school health office showing evidence of receiving:

- One (1) dose of meningitis (mcv4) vaccine
- One (1) dose of Tdap

Both of these vaccines must be administered on or after the 10th birthday. Please provide a current copy of your child's immunization record to the school health office showing evidence of receiving

both vaccines. If you have any questions, please contact the health office.

Nominate an Outstanding Educator!

Each year, FHSD submits nominees for the Hamilton County Education Foundation Celebrate Excellence awards and the Anderson Area Chamber of Commerce Teacher of the Year award. Please take a moment to nominate an FHSD educator who you believe deserves special recognition this year! Form: https://forms.gle/u6DgkyBKBnHhEYFVA

Anderson Mental Health Collaborative Speaker Series | April 11 Join the conversation on becoming a community of hope for those bereaved by suicide.

The Anderson Mental Health Collaborative, Forest Hills School District and Anderson Township are collaborating on a special evening to discuss this topic. Denise Meine-Graham, from Postvention Consulting, and Dr. Jennifer Wright-Berryman, an associate professor at UC's College of Allied Health Sciences and an expert in suicidology, will share about how becoming a community of hope for those bereaved by suicide is a powerful resource in preventing suicide.

This event, on Thursday, April 11, 2024, at 6 p.m. at Anderson Center (7850 Five Mile Road), is free and open to the public. Please note the topic of suicide will be discussed, including the loss of a child to suicide. <u>Click here to register now</u>.

Forest Hills Foundation for Education Join us for the 15th FH5K on Saturday, May 11 as we "Celebrate Every Victory."

Register and Get Involved today!

*register by April 1st and you could be the lucky winner of a FREE massage!

Interested in serving as a Race Ambassador? Contact Turpin student Kerry Fleming so you can get signed up today.

Thanks to all of our 2024 Race Ambassadors – check them out!

Can't attend – you can still support the FH students with a donation. Be sure you register under your student's school team OR create your own fundraising page.

Help us reach our goal of \$125,000 to support student wellness!

Elementary Schools – it's still not too late to join the Wilson Running Club. Please contact Zach Miller (flexabilitywellness@gmail.com)

SAVE THE DATE

FCC mascot!

FH5K Pre-Race Party at Wandering Monsters Thursday, April 18

Let's kick-off the celebration as a community and come meet Gary,

10% of all sales will go back to the FH students

Community Events

You can also visit our <u>flyers webpage here</u> that has updates on other fun events and activities, including the following items:

- Anderson Athletic Boosters Summer Camps 2024 | Various Grades K-8 (<u>Flyer</u> - <u>Registration Link</u>)
- All In Golf Junior Summer Programs
- Mental Health Webinar Series directed to parents from the Hamilton County ESC. The next event is March 26 and discusses building your child's confidence.
- Anderson Mental Health Collaborative: Go Green for Mental Health at Big Ash Brewing on April 25, 2024. <u>Purchase tickets</u> <u>here.</u>

EMERGENCY AND SUPPORT RESOURCES

- If you, your student, or anyone else you know is in a life-threatening health crisis or emergency, call 911.
- If you, your student, or anyone else you know is in emotional distress or experiencing a suicidal crisis, call or text 988, available 24/7.
- If you have concerns about threats to student safety, we urge you to call or text the Safer Ohio School Tip Line at 844-SaferOH. This line is staffed 24/7.
- If you are seeking additional resources, we encourage you to start at the links below:
 - MindPeace
 - o FHSD Family Resource List 22-23

Upcoming Events

K-4 Unified Arts Friday Rotation

Friday, March 29th will be a "Tuesday." Friday, April 12th will be a "Wednesday."

Healthy Habits Week March 25

Musical Monday (wear something musical theme)

March 26

- Try Something New Tuesday (wear mix and match clothes)
- Spring Pictures
- Wilson News Crew Club 3:45 to 5:00 pm

March 27

Wellness Wednesday (wear comfy clothes)

March 28

- Take Me Outside Thursday (wear Reds gear)
- First Grade Field Trip to Woodland Mound

March 29

- Fitness Friday (wear workout clothes)
- ALICE Drill at 9:30 am