March 29, 2024

Wildcat Families,

As we approach the much-anticipated spring break, we wanted to take a moment to express our gratitude for your continued support and partnership throughout the school year. We are very grateful for the supportive community we have at Wilson.

Spring break offers an opportunity for families to come together, unwind, and create some special memories. Whether you plan to travel, spend quality time with loved ones or simply relax at home, we urge you to prioritize self-care and wellness during this break.

We know all too well how easy it is to become consumed by daily responsibilities and commitments. Hopefully this break will afford you the opportunity to step back and disconnect from the hustle and bustle. It is important we all take time to rest and replenish our energy. In saying that, our administrators, teachers and staff do not plan to check email during break.

We hope you have a great spring break! Students and staff members are off school on Monday, April 8 due to the solar eclipse. ALL students will be bringing home a pair of solar eclipse glasses to wear for this historical day! We will see you on Tuesday, April 9!

Take care, Erin and Brian

Building Information

Counselor's Corner

Many thanks to our Mindful Music Moments partner, The Well, for spending time with our staff for Wellness Wednesday and also with our 5th graders for Mindful Poetry Moments. Please keep in mind any Wilson family can log into our MMM portal for resources and to check out the music we listen to each week. PW: mindfulwilson

Looking ahead for resources for Summer Camps, <u>check out these</u> <u>resources from Mindpeace</u>. There are general camps as well as specific camps for:

- General Camps (that accommodate mental health disability)
- Autism
- ADHD
- Horses, Equine Therapy
- Music/Dance/Acting/Art
- Sports
- Swim

Smiles,

Jean Bode <u>jeanbode@foresthills.edu</u>

ALICE Drill

We will have an ALICE (Alert, Lockdown, Inform, Counter, Evacuate) drill **today** at 9:30 pm. Teachers will review ALICE information with students prior to our drill.

It is important we prepare our students and staff with proactive strategies to use in the event an unsafe situation would ever arise at school. Just as we practice for fires, we will practice and walk through what to do if ever there is an unsafe person on campus.

Teachers, staff and students will be given a specific scenario over the PA. Students will then be asked to think creatively and strategically based on the conversations with their teachers. Our goal is to empower our students and staff to make decisions.

State Testing

State testing will begin soon after we return from break for students in Third through Sixth Grade. On testing days, please make sure our Wildcats get plenty of rest and a good breakfast. If students arrive late to school on a testing day they will not be permitted to join the class until testing has concluded for the day. They will need to complete the missed test during a makeup session.

- 3rd Grade:
 - April 18 & 19 (English Language Arts)
 - April 25 & 26 (Math)
- 4th Grade:
 - April 18 & 19 (English Language Arts)
 - April 25 & 26 (Math)
- 5th Grade:
 - April 11 & 12 (Science)
 - April 16 & 17 (English Language Arts)
 - April 23 & 24 (Math)
- 6th Grade:
 - April 16 & 17 (English Language Arts)
 - April 23 & 24 (Math)

6th Grade Healthy Habits Poster Winners

Congratulations to the following 6th grade students who entered our Healthy Habits Poster Contest. This was a contest for 6th grade students in each elementary building.

1st Place: Greyson Hondorf 2nd Place: Mallory Moehring 3rd Place: Emma Kassmann

Wilson Elementary Friend of the Children PTO Award

The Friend of the Children award is a way Wilson PTO shows appreciation for an individual or group's effort on behalf of the children.

Possible recipients could be tutors, PTO volunteers, teachers, school staff, administrators, parents, or businesses that have provided our students with exceptional support, or an extraordinary experience.

Complete the <u>Friend of the Children Google Form</u> to submit a nomination by <u>Monday</u>, <u>April 22</u>, <u>2024</u>. Students are encouraged to make nominations too!

Each recipient of the *Friend of the Children* award will receive a certificate of recognition and be honored at the May PTO meeting.

If you have any questions please contact Katharine Robinson katharinehrobinson@gmail.com

Morning Arrival Concerns

Keeping our Wildcats safe is our number one priority at Wilson and we need your help. We have our arrival procedures in place each morning and it is important that those procedures are followed. We have noticed many families are letting students out of cars prior to 9:00 am when staff are not yet on duty. Students should not be exiting cars until instructed by a staff member.

Wilson Bricks

Go to the <u>Wilson PTO Store and Information Forms</u>. Once you go here, hover over "Fundraising", which is located at the top of the page. A menu box will drop down and you can click on "Buy a Wilson Brick."

Yearbooks on Sale!

Get your commemorative 2023-2024 yearbook and enjoy memories from this school year. **Deadline to order is April 21st!** Please review the information in the flyer below for more information.

Yearbook Flyer

iLab Book Helper Volunteers

Your help is <u>greatly appreciated</u> since we check-in, check-out and reshelve books along with doing STEM activities in the Innovation Lab. Please sign up for your preferred day and time: https://www.signupgenius.com/go/10C0B49A5AB2EAB9-46412089-in novation

If you have not volunteered in the learning commons in previous years or completed training, please contact Sara to set up a brief training at the beginning of your volunteer session. Please don't hesitate to reach out with any questions to Sara at 513-313-3928 or saraostermeier@hotmail.com

Lunch Helpers

We always appreciate our families volunteering whenever your work schedule allows. Below are all of the lunch helper sign ups for the remainder of the year:

April: <u>April Lunch Volunteers</u>

May: <u>May Lunch Volunteers</u>

Restaurant Nights

Take a night off cooking or grab a quick family meal at one of our upcoming Restaurant Fundraisers. You'll support a local restaurant AND the Wilson PTO! Don't forget to mention WILSON!

Wednesday, April 17 | Arthur's on Beechmont @ All Day Tuesday, April 23 | NVT Pizza & Brew @ 4-10pm

Enrichment Programs

- Chess Club | Does your student enjoy chess? Join the final session of Chess Club on Thursdays starting March 28. Click <u>HERE</u> to register.
- Cool Critters | Does your student love animals? Join the new session of Cool Critters on Mondays starting April 15th. Click HERE for more information and to register.

District Information

REMINDER: No School on April 8 for Solar Eclipse

You can find additional information on the FHSD website here.

Anderson Mental Health Collaborative Speaker Series | **April 11** Join the conversation on becoming a community of hope for those bereaved by suicide.

The Anderson Mental Health Collaborative, Forest Hills School District and Anderson Township are collaborating on a special evening to discuss this topic. Denise Meine-Graham, from Postvention Consulting, and Dr. Jennifer Wright-Berryman, an associate professor at UC's College of Allied Health Sciences and an expert in

suicidology, will share about how becoming a community of hope for those bereaved by suicide is a powerful resource in preventing suicide.

This event, on Thursday, April 11, 2024, at 6 p.m. at Anderson Center (7850 Five Mile Road), is free and open to the public. Please note the topic of suicide will be discussed, including the loss of a child to suicide. Click here to register now.

Summer Camp Resource List by MindPeace

The mental health professionals at MindPeace have created a helpful resource list of summer camp options that accommodate students with mental health needs or students with disabilities. You can find a link to the list here. The resource list includes general camps available for anyone to participate including youth with disabilities. There are also camps listed for children specifically diagnosed with Autism Spectrum Disorder, ADHD, behavioral challenges, and other disabilities, and it includes options for equine therapy camps, music, dance, sports, and swimming camps.

Immunization Requirements Reminder for 6th to 7th Grade Transition

Attention parents of rising 7th Graders for the 2024 -2025 school year: Students are required to have documentation on file in the school health office showing evidence of receiving:

- One (1) dose of meningitis (mcv4) vaccine
- One (1) dose of Tdap

Both of these vaccines must be administered on or after the 10th birthday. Please provide a current copy of your child's immunization

record to the school health office showing evidence of receiving both vaccines. For the safety of all students, the school principal may remove a student from school or establish a deadline for meeting state requirements if the student does not have the necessary immunizations or exemption. If you have any questions, please contact the health office.

Forest Hills Foundation for Education

Join us for the 15th FH5K on Saturday, May 11 as we "Celebrate Every Victory."

Register and Get Involved today!

*register by April 1st and you could be the lucky winner of a FREE massage!

Interested in serving as a Race Ambassador? Contact Turpin student Kerry Fleming so you can get signed up today.

Thanks to all of our 2024 Race Ambassadors – check them out!

Can't attend – you can still support the FH students with a donation. Be sure you register under your student's school team OR create your own fundraising page.

Help us reach our goal of \$125,000 to support student wellness!

Elementary Schools – it's still not too late to join the Wilson Running Club. Please contact Zach Miller (flexabilitywellness@gmail.com)

SAVE THE DATE

FH5K Pre-Race Party at Wandering Monsters Thursday, April 18 Let's kick-off the celebration as a community and come meet Gary, FCC mascot!

10% of all sales will go back to the FH students

EMERGENCY AND SUPPORT RESOURCES

- If you, your student, or anyone else you know is in a life-threatening health crisis or emergency, call 911.
- If you, your student, or anyone else you know is in emotional distress or experiencing a suicidal crisis, call or text 988, available 24/7.
- If you have concerns about threats to student safety, we urge you to call or text the Safer Ohio School Tip Line at 844-SaferOH. This line is staffed 24/7.
- If you are seeking additional resources, we encourage you to start at the links below:
 - MindPeace
 - o FHSD Family Resource List 22-23

Upcoming Events

K-4 Unified Arts Friday Rotation

Friday, April 12th will be a "Wednesday."

No School April 1 through April 8 for Spring Break!

No School-Solar Eclipse

April 9

• Wilson News Crew Club 3:45 pm to 5:00 pm

April 10

• Kindergarten Field Trip to Parky's Farm (Rose, Sharrer, Henning)

April 11

- Kindergarten Field Trip to Parky's Farm (Hicks, Sunderhaus)
- Fire/Tornado Drill 10:30 am
- OST Science 5th Grade

April 12

• OST Science 5th Grade