

September 8, 2023

Wildcat Families,

This week we were once again reminded of just how special the Wilson community truly is. One Wildcat in particular was having a difficult moment. Our friend was feeling overwhelmed and frustrated. The situation wasn't dire, but it did require compassion and care from a trusted adult - the classroom teacher. You see, with 20-something other little bodies in the room it would have been very easy to dismiss the child's feelings and encourage them to "keep up" with the activity. Instead, the teacher made space for that student to feel the emotion, to process the emotion, and to return to a space where the student was ready to engage with learning again.

Moments like these happen countless times throughout a school year and almost become second nature to our staff. But the love and compassion we see daily from our staff never dulls. It's true our staff has incredible professional knowledge, but what truly sets them apart is their ability and willingness to be with our students through all the highs and lows. We couldn't be more thankful to work with such amazing people.

There are quite a few fun activities coming up for our Wildcats and we're looking to have some fun! Tonight we hope you'll be able to join us for Rock the Stands at the Turpin Football game (see below for more details). On Monday we hope everyone will join us in recognizing Patriot Day by wearing Red, White and Blue. Then next Friday (Sept. 15) we would love for everyone to wear their favorite team for Fan Friday as we kickoff Walkathon fundraising with an afternoon pep rally!

We hope you have a wonderful and relaxing weekend!

Take care,
Erin and Brian

Building Information

Picture Day Sept. 19

Fall pictures are scheduled for Tuesday, September 19. For more information on ordering, please click this [LINK](#).

Rock the Stands

We hope to see you tonight!

Events for the Evening

Pre-game:

- We will have a couple fun food vendors like Mingles soft serve ice cream and possibly a cotton candy vendor or cookie vendor. TBD. All will be for purchase. There will also be concession food within the stadium.
- The Meagan Toothman foundation will have a table so stop by to get a temporary tattoo and a foundation football. More information on the foundation can be found [HERE](#).
- Games on the lower football field. Have your wildcat come early to enjoy some football themed games. Games will run from 5:45 to 6:30. Want to volunteer to help run a station? We'd love for you to sign up [HERE](#).

- At 6:45 Wildcats will make their way onto the football field to form a tunnel for the Turpin team to run through.

Football game against Winton Woods starts at 7pm. Come enjoy some football and cheer on our Turpin Spartans.

Rock the Stands Flyer

New Resource Officer

We are very excited to announce that Officer Jeremy Dwyer will join Officer Ryan Wolfe as the district's second School Resource Officer.

Counselor's Corner

You might find that the newness of the school year is starting to fade for your children. The routines and school work are settling. You might start to see some worries and other emotions in your child. If this is the case, continuing with routines helps maintain order, which feels more secure. It is important to acknowledge the emotions and then empower your child. For example, "I can understand your (fill in the blank with emotion) **AND** I believe in you/you will be OK." You are teaching your child how to have their emotions AND have a good day, or at least an OK day. (Reminder Tip: **ACKNOWLEDGE and EMPOWER**) [For additional information check this out from one of my favorite resources GoZen!](#)

We are once again SO excited to partner with The Well to start each morning in a calm and focused way during Mindful Music Moments. Our Wildcats join over 135,000 others each morning. Our Wilson

Community has full access to MMM. This year they have a video to watch and listen to as well. There are lots of resources as well for ways to have a calm and focused day. Just go to <https://www.thewell.world/partner-login> PW:mindfulwilson

Please reach out if there is anything I can do for your child or your family.

Smiles

Jean Bode jeanbode@foresthills.edu

Bus Stop Safety Reminders

This week we met with our bus drivers to provide Wilson Way language for the bus. Yesterday staff members boarded every bus and practiced the expectations for students on the bus. We need your help for the final piece of the puzzle. Please make sure your children are at the bus stop on time (not waiting in the house then running to the stop once the bus is spotted). We also need your help to make sure students are not running near the bus and always following the drivers' directions.

Student ID Number for Lunch

Part of a new school year means there are new processes and systems, and this year is no exception. When they purchase a school lunch, our students are required to enter their student ID number onto a keypad. It always takes a little time, but eventually even our littlest Wildcats will get the process down. In order to help speed up the learning curve, we could use your help! It would be greatly appreciated if you could practice typing the lunch number with your

little Wildcats. A good suggestion is to use the calculator on your phone and have them type away!

Crosswalk Guard Needed (We only need 1 more!)

We are hoping to find TWO crosswalk guards for the 23-24 school year, and the good news is we've found one! We need help each morning from 8:50 to 9:15 am and each afternoon from 3:35 to 4:00 pm. This is a paid position (\$2,143.00 per year). If interested, please let Lynn know!

Safety Drills

There are many safety drills and procedures that we complete throughout the year in order to make sure our students and staff are prepared if an emergency takes place. Below is our Emergency Quick Reference Guide, which explains the procedures we follow for each drill. We will communicate with you prior to practicing our ALICE drills and provide the resources we use during our ALICE drills to educate our Wildcats. [Emergency Quick Reference Guide](#)

Zones of Regulation

Over the next two weeks (Sept. 5-15), students in grades 1-6 will participate in a Zones of Regulation refresher lesson led by their classroom teachers with support from Denise Weber, school psychologist. The "Zones" program is a cognitive-behavioral approach to teach self-regulation. Students review the four Zones colors (Blue, Green, Yellow, Red) along with tools/strategies that they

can use at school to help calm and alert their bodies and minds. Ask your child to share their favorite “Zones” tool with you.

All kindergarten students will participate in Zones lessons starting later in the school year. More information will be shared with parents soon.

To learn more about the Zones program, click this [LINK](#).

To see the presentation students will see, click this [LINK](#).

Administrator Library

We use a variety of books in our office when helping students understand The Wilson Way. Below is a link to a list of books that is in our office library. [Book List](#)

Fall 2023 Innovation Lab Volunteers

Sign Up Link

If you have volunteered in the learning commons in previous years or completed the training this year, please review the available slots below and click on the button to sign up for a time to help check-in, check-out, and reshelve books. Thank you so much for your time!

Please don't hesitate to reach out with any questions to Sara at 513-313-2928 or saraosteremeier@hotmail.com. If you have not volunteered in the learning commons in previous years or completed training, please contact Sara to set up a brief training at the beginning of your volunteer session.

www.signupgenius.com

Adult Social

Friday, September 22nd 7:30PM

ATP on Clough

Save the date and work on those babysitters for an Adult Social at Anderson Township Pub on Clough Pike. Come meet and mingle with other Wildcat parents and enjoy a night out!

Join us in the big white tent - No ticket needed - Cash bar!

Calling All Kindergarteners Interested in Girl Scouts!

We are working on forming a Daisy Troop and would love for you to join! Please contact Kristy Metzner via email at

kristy.metzner@gmail.com for more info!

Our first meeting will be in September!

Wilson Cub Scout Pack 867

The next Pack meeting is Tuesday, September 19th, at 6:30pm at Clough United Methodist Church.

Join us for field day fun and activities! All are welcome! Scouts are encouraged to bring a friend.

Lunch Helpers

We always appreciate our families volunteering whenever your work schedule allows. The opportunity to help Kindergarten and First Graders in the cafeteria is always appreciated! [Lunch Helpers Sign Up](#).

Restaurant Night

Tired of cooking dinner? Mark these upcoming restaurant nights on your calendar and support the PTO at the same time! Be sure to mention WILSON when ordering and a percentage of the proceeds will be donated back to the PTO.

- **Butterbee's American Grille:** September 11th from 4:00 to 9:00pm
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Enrichment Activities (Spanish added!)

Does your student like to play chess or have a desire to learn? Join **Chess Club!** This 9-week after school program will run September 14 - November 9. Click [HERE](#) to learn more about this program and how to register.

Is your student interested in learning Spanish? Enroll in Spanish classes today! Click [HERE](#) for more information on this 13-week program running on Thursday mornings, September 28 - January 18.

Students can improve their speed and agility with the **QSA Performance Training** enrichment program. This program will run for 8 weeks after school, September 13 - November 1. See the flyer [HERE](#) for more information about the program and how to register.

Want to prepare your student for time spent alone at home? Have your student complete the **Enriching Kidz Home Alone** course! This 2 class course will be held Tuesday, September 19 and Tuesday, September 26th. Check out the flyer [HERE](#) for more on what students will learn and how to register for the course.

Teacher Information Nights

Below are dates and times for our Teacher Information Nights. This is a great opportunity for you to find out information relevant to your child's specific grade level. If you are unable to attend, no worries at all! You can reach out to your child's teacher and they can provide you with any needed information. The Teacher Information Nights are for parents/guardians only.

Tuesday, September 12, 2023	Grade Level
6:00 to 6:45 pm	Fourth Grade
7:00 to 7:45 pm	Fifth Grade

Ski Club 2024

Although it's hot outside Wilson is gearing up again for another year of ski club. Ski club 2024 will start Wednesday, January 3rd and run until January 24th. Be on the lookout for information on how to sign-up, purchase club season passes through Perfect North Slopes, get a spot on the ski club bus, and last but not least order merchandise. A new year means a new logo, so be on the lookout for that. Come visit the ski club table during the back to school bash

on August 15th. Questions email Jill Roddy - jillroddymuse@gmail.com.

Forest Hills Lady Hawks Basketball

Calling all 3rd-6th grade girls in Anderson Twp! If your daughter is interested in developing their skills and playing competitive basketball this winter, we are the program for you! Player evaluations will be *Saturday, September 9th*. See [FLYER](#) for details and visit www.foresthillsladyhawks.com to register!

District Information

Elementary Hearing and Visions Screenings Notice

FHSD is partnering with Xavier University to administer vision and hearing screenings for all students in preschool, kindergarten, first, third, and fifth grades this fall. Wilson Elementary will have vision/hearing screenings on Thursday, October 17th. These screenings are required by law. For more information about the screenings, including how to opt a student out, please click [here](#).

SAVE THE DATES! FHSD Parent Academy Returns for 2023-2024

We are bringing back the Parent Academy series after positive feedback from the inaugural run last school year! Participants will be able to register for different breakout sessions from a variety of topics each night, allowing for a custom evening that best suits each individual's interests. Specific topics for each night and registration

information will be publicized a few weeks prior to the event. Check out the dates below and [click here](#) to learn more and see who is slotted as Featured Speakers!

- Thursday, October 12, 2023
 - Thursday, November 30, 2023
 - Wednesday, January 24, 2024
 - Wednesday, February 28, 2024
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Special thanks to the Forest Hills Foundation for Education for their generous support making the series and featured speakers possible. You can learn more about how the Foundation supports students in the district and find information about donating at their website www.fhfe.org.

EMERGENCY AND SUPPORT RESOURCES

- If you, your student, or anyone else you know is in a life-threatening health crisis or emergency, call 911.
- If you, your student, or anyone else you know is in emotional distress or experiencing a suicidal crisis, call or text 988, available 24/7.
- If you have concerns about threats to student safety, we urge you to call or text the Safer Ohio School Tip Line at 844-SaferOH. This line is staffed 24/7.
- If you are seeking additional resources, we encourage you to start at the links below:
 - [MindPeace](#)

- [FHSD Family Resource List 22-23](#)
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Upcoming Events

Friday Rotation

Friday, September 15th will be a “Wednesday.”

Sept. 11

- Patriot Day - Wear red, white and blue
- Wilson PTO Meeting 7:00 pm in the Wilson Learning Commons

Sept. 12

- Fourth Grade Parent Information Night 6:00 to 6:45 pm
- Fifth Grade Parent Information Night 7:00 to 7:45 pm

Sept. 13

Sept. 14

Sept.15

- Walkathon Pep Rally 3:00 pm
- Fan Friday Spirit Day (Wear gear from your favorite team)